 Manava Moorea Resort & Spa

Trip Notes: Tahiti

TRAVEL DOCUMENTS

U.S. citizens do not require a visa for tourist stays in Tahiti up to 90 days. Visitors must hold a current passport that is valid for at least 180 days beyond the return date to the USA as well as, proof of onward/return travel, confirmed accommodation, and sufficient funds. A Visitor's Permit will be given on arrival.

TIME DIFFERENCE

Tahiti is 3 hours behind Pacific Standard Time and 6 hours behind Eastern Standard Time.

CURRENCY

The official currency is French Polynesian Franc (XPF), which is pegged to the Euro (EUR) at a fixed rate. For current exchange rates, please visit www.xe.com.

LANGUAGE

The official languages of Tahiti (French Polynesia) are French and Tahitian (Reo Tahiti), with French being the sole official language for government, but Tahitian widely spoken and recognized, alongside other Polynesian tongues like Marquesan. English is also commonly understood in tourist areas, making communication generally easy.

CREDIT CARDS

Major credit cards are widely accepted but expect fees to be imposed for use. A credit card is required as a security deposit to check in to a hotel or rent a car.

VACCINATIONS

Tahiti has no mandatory vaccinations for entry, however it is recommended that visitors to be up-to-date with their hepatitis A, hepatitis B, typhoid, yellow fever, rabies and tetanus vaccinations.

POWER

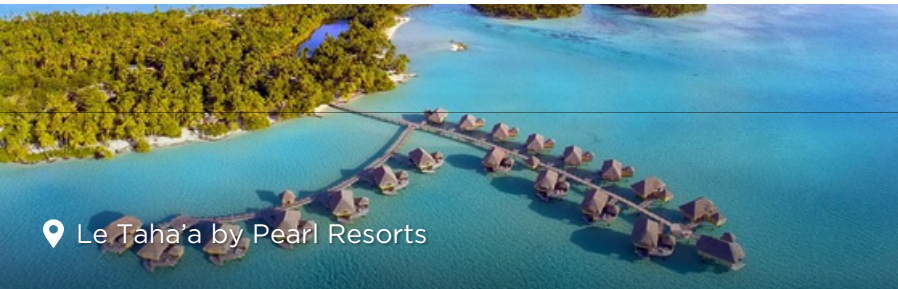
Tahiti uses French-style Type C and E outlets (two round pins, sometimes with a grounding hole), so North Americans need a travel adapter for French Polynesia to use their Type A/B plugs; it's also crucial to check your devices for dual voltage (110/220V) and use a voltage converter if needed, as outlets handle 220V, not just 110V like in the US.

TIPPING

Tipping is not customary in the Islands of Tahiti and therefore not expected. It is left at your discretion for exemplary service.



📍 Bora Bora



📍 Le Taha'a by Pearl Resorts



📍 Tahitian Sunset

CLIMATE

The Islands of Tahiti are a year-round tourist destination, with predictably tropical weather year-round. The average temperature is 79 degrees Fahrenheit. Many hotels are air-conditioned. Water temperatures average 79 degrees in the winter and 84 degrees during the summer, with less than a degree of variation from the surface down to a depth of 150 feet.

PHONES

To dial Tahiti from the US: 011 + 689 + number.
To dial the US from Tahiti: 00+ 1 + number.

SAFETY & SECURITY

Tahiti is generally very safe with low crime, especially violent crime, but petty theft (pickpocketing, purse snatching) occurs, requiring standard precautions like securing valuables and ID, especially in Papeete at night, with bigger concerns being natural hazards like cyclones (Nov-Apr) and potentially dangerous marine life/coral; always carry ID and be aware of local laws, like the requirement to assist in danger.

SHOPPING

Shops are generally open from 7:30 a.m. until 5:30 p.m., except on Saturdays when many close at noon; only hotel shops are open on Sunday. Long lunch breaks are common in The Islands of Tahiti. Duty-free shopping is mainly available on Tahiti. Tahitian cultured pearls, mother-of-pearl shell carvings, coconut and tiare soaps, monoï oil, vanilla beans, shell leis, wood carvings, colorful pareus, and woven hats and baskets are among the most popular items. A 16% Value Added Tax (VAT) applies to purchase in shops, stores and boutiques.

SUGGESTED PACKING LIST

Pack light, breathable clothing (linen, cotton), swimsuits, a rashguard, and water shoes, plus reef-safe sunscreen, bug spray, a hat, sunglasses, and comfortable sandals/walking shoes for sun protection and comfort; don't forget essentials like a passport, chargers, adapters, and any personal meds, plus optional snorkel gear and an underwater camera for the tropical paradise.


ETIQUETTE

Tahiti etiquette emphasizes respect, slow living, and warmth, focusing on greetings like "[la Orana](#)" (hello) and "Mauruuru" (thank you), dressing modestly at cultural sites, and being mindful of body language like pointing feet.

NATIONAL EMERGENCY NUMBERS

The emergency number for ambulance is 15 and 17 for police.




 Bora Bora



 Snorkeling



 Kayaking, Bora Bora

PUBLIC HOLIDAYS 2026

- 1 January - **New Year's Day**
- 5 March - **Missionary Day**
- 3 April - **Good Friday**
- 6 April - **Easter Monday**
- 1 May - **Labour Day**
- 8 May - **Victory Day**
- 14 May - **Ascension Day**
- 25 May - **Whit Monday**
- 15 July - **French National Day**
- 15 August - **Assumption of Mary**
- 1 November - **All Saints' Day**
- 11 November - **Armistice Day**
- 20 November - **Polynesian New Year**
- 25 December - **Christmas Day**

OTHER USEFUL LINKS

- [US State Department Travel Advisories](#)
- [U.S. Embassy and Consulates in Tahiti](#)
- [Smart Traveler Enrollment Program \(STEP\)](#)
- [US Passports](#)
- [International Travel Guidance](#)

This information is provided by Travel Answers as a guideline to the country you will be visiting. Further information is available to you at <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/FrenchPolynesia.html> While Travel Answers endeavors to provide current information, regulations and requirements can change without notice and we are not responsible for travelers whose trips are interrupted due to documentary or medical non-compliance.