

 Fijian Sunset

## Trip Notes: Fiji

### TRAVEL DOCUMENTS

U.S. citizens don't need a visa for tourist stays in Fiji up to four months, but require a passport valid for at least six months beyond entry, proof of onward/return travel, confirmed accommodation, and sufficient funds; upon arrival, you receive a Visitor's Permit.

### TIME DIFFERENCE

Fiji is 20 hours ahead of Pacific Standard Time and 17 hours ahead of Eastern Standard Time.

### CURRENCY

The official currency is the Fijian Dollar (FJD\$). For current exchange rates, please visit [www.xe.com/ucc/](http://www.xe.com/ucc/).

### LANGUAGE

Fiji has three official languages: Fijian (iTaukei), spoken by indigenous Fijians; English, widely used in government, business, and education due to British colonial history; and Fiji Hindi, spoken by the Indo-Fijian population. While English is commonly spoken, especially in tourist areas, learning basic phrases in Fijian (like Bula! for hello) helps connect with locals, as many Fijians are bilingual or multilingual.

### CREDIT CARDS

The local currency is the Fiji Dollar FJD (\$). Banks including ANZ, Westpac, Bank of Baroda, BSP and FDB have branches located throughout Viti Levu (Fiji's main island). For current exchange rates, please visit [www.xe.com/ucc/](http://www.xe.com/ucc/).

### VACCINATIONS

Fiji has no mandatory vaccinations for direct travel from most countries, but the Yellow Fever vaccine is required for travelers from countries with Yellow Fever risk, including transit stops over 12 hours. Recommended vaccines include routine shots (MMR, Tdap, Polio, Flu) and others like Hepatitis A, Hepatitis B, and Typhoid, depending on your activities and health, so consult your doctor.

### POWER

When traveling to Fiji, you'll need a Type I power adapter (three flat pins in a triangular pattern, like Australia/NZ) for the 240V, 50Hz electricity; check your devices for dual voltage (most modern electronics like phones/laptops are).



Matamanoa



Fijian Tapa



Namale Resort & Spa

### CLIMATE

Fiji has a warm tropical climate perfect for beachside holidays and is a key reason Fiji has a reputation as one of the world's most sought-after holiday destinations. Maximum temperatures in Fiji rarely move out of the 78-86F range all year round.

### PHONES

To dial Fiji from the US: 011 + 679 + number.  
To dial the US from New Fiji: 011 + 1 + number.

### TIPPING

Tipping in Fiji is not expected because a service charge is often added to bills, but it is greatly appreciated for good service, especially in tourist areas, as wages are low; it's best to tip directly in Fijian Dollars (FJD) to individuals or contribute to resort staff funds, as this supports everyone, including behind-the-scenes workers.

### SAFETY & SECURITY

Fiji is generally safe with a "Exercise Normal Precautions" travel advisory, but visitors should watch for petty crime (theft, robbery) in tourist areas, be cautious with nighttime strolls, especially in cities like Suva, and be vigilant about water safety (dengue, leptospirosis) and natural disasters like cyclones and earthquakes, taking standard precautions like locking doors and securing belongings.

### SHOPPING

Fiji is home to a wide range of shops, boutiques, supermarkets, duty-free outlets and markets. Some of the best places for shopping include Port Denarau Marina, Nadi Town, Sigatoka Town and Suva. Many resorts and hotels also have in-house retail outlets. Fiji has a Goods and Services Tax (GST) of 12.5 percent which is included in most prices. Visitors cannot claim this tax back, however when a supplier ships a major purchase to a visitor's home address, the GST will not be charged.

For unique Fijian souvenirs, buy traditional crafts like Masi (tapa cloth), Lali drums, wood carvings (masks, bowls, turtles), and woven items (baskets, mats) from local markets and shops like Jack's or Projects Collective. Don't miss Pure Fiji toiletries, vibrant Bula shirts & sulus, and locally-made black pearls, plus foodie delights like local coffee, spices, and chutneys.

### SUGGESTED PACKING LIST

For Fiji, pack lightweight clothing, swimwear, reef shoes, strong sunscreen, insect repellent, hats, sunglasses, and a light jacket for evenings, plus a first-aid kit with remedies for bites/sunburn and necessary medications; don't forget your passport, travel adapter, and essentials like a reusable water bottle and camera, keeping in mind reef-safe products and respectful attire (sarong/sulu) for villages.



📍 Likuliku Resort & Spa



📍 Bulu Welcome



📍 Palms, Tokoriki Resort

### ETIQUETTE

Fiji etiquette centers on respect, modesty, and community, especially in villages where you should dress modestly (cover shoulders/knees), remove hats/sunglasses/shoes before entering homes, and ask permission before taking photos or entering private areas. Always greet with "Bula" (hello), speak softly, and learn basic customs like bringing a small gift (sevusevu) and participating respectfully in a kava ceremony by taking a sip. Sundays are for rest, so avoid village visits and loud activities.

### NATIONAL EMERGENCY NUMBERS

The emergency number for police or ambulance is 917 and 910 for fire brigade.

### PUBLIC HOLIDAYS 2026

- 1 January - **New Year's Day**
- 3 April - **Good Friday**
- 6 April - **Easter Monday**
- 15 May - **Girmit Day**
- 29 May - **Ratu Sir Lala Sukuna Day**
- 24 August - **Prophet Mohammed's Birthday**
- 10 October - **Fiji Day**
- 9 November - **Diwali**
- 25 December - **Christmas Day**
- 26 December - **Boxing Day (observed 28 December)**

### OTHER USEFUL LINKS

[US State Department Travel Advisories](#)

[U.S. Embassy and Consulates in Fiji](#)

[Smart Traveler Enrollment Program \(STEP\)](#)

[US Passports](#)

[International Travel Guidance](#)

This information is provided by Travel Answers as a guideline to the country you will be visiting. Further information is available to you at <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Fiji.html>.

While Travel Answers endeavors to provide current information, regulations and requirements can change without notice and we are not responsible for travelers whose trips are interrupted due to documentary or medical non-compliance.

